

**Self-Seeded Single-Frequency Solid-State Ring Laser, and Single-Frequency Laser  
Peening Method and System Using Same**

**ABSTRACT**

5 [0077] A method of operating a laser to obtain an output pulse having a single  
wavelength, comprises inducing an intracavity loss into a laser resonator having an  
amount that prevents oscillation during a time that energy from the pump source is being  
stored in the gain medium. Gain is built up in the gain medium with energy from the  
10 pump source until formation of a single-frequency relaxation oscillation pulse in the  
resonator. Upon detection of the onset of the relaxation oscillation pulse, the intracavity  
loss is reduced, such as by Q-switching, so that the built-up gain stored in the gain  
medium is output from the resonator in the form of an output pulse at a single frequency.  
An electronically controllable output coupler is controlled to affect output pulse  
15 characteristics. The laser acts a master oscillator in a master oscillator power amplifier  
configuration. The laser is used for laser peening.